

Narberth Rural District Council

ANNUAL
REPORT

OF THE

DISTRICT

MEDICAL OFFICER OF HEALTH

AND THE

PUBLIC HEALTH INSPECTORS

1966

N A R B E R T H R U R A L D I S T R I C T .

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE
YEAR 1966.

To the Chairman and Members of the Council

Mr. Chairman and Gentlemen,

I have pleasure in presenting to you my Annual Report on the health of your district for the year 1966.

Infectious Disease.

Only 13 cases of Measles were notified during the year and no complications were reported. Immunisation against infectious disease is becoming more and more effective, so that the incidence remains low but, unfortunately, the Measles vaccine is not yet available for general use.

Housing.

This has been a problem in the southern part of the district for years, particularly at Saundersfoot and it has been decided to build further traditional houses at Saundersfoot and Kilgetty and 'Engineered' Homes at Narberth.

I should like to take this opportunity to thank the members of the Council and its Officers for their continued courtesy and co-operation and to include in this my thanks to my clerk for all her help.

I have the honour to be,

Your obedient servant,

Phyllis M. Bowen

PHYLLIS M. BOWEN, M.R.C.S,
L.R.C.P., D.P.H., D.C.H.,

The Clinic,
Warren Street,
TENBY.

Tel: Tenby 2991/2.

V I T A L S T A T I S T I C S .

Resident Population (Registrar General's Estimate)

1966 9,800

	<u>Narberth</u> <u>R.D.1966</u>	<u>Narberth</u> <u>R.D.1965</u>	<u>County of</u> <u>Pembroke</u>	<u>England</u> <u>& Wales</u>
Live Births	133	172		
Live Birth Rate (per 1,000 pop)	13.57	17.81	17.57	17.7
Illegitimate Live Births	3	7		
Illegitimate Live Births per cent of total live births	2.25	4.07		
Still Births	2	Nil		
Still Birth Rate (per 1,000 Live & Still Births)	14.81	Nil	20.10	15.4
Total Live and Still Births	135	172		
Infant Deaths (Deaths under 1 yr)	3	2		
Infant Mortality Rate (per 1,000 Live Births)				
- total	22.55	11.62	18.17	19.0
- legitimate	22.55	11.62		
- illegitimate	Nil	Nil		
Neo-natal Mortality Rate (Deaths under 4wks)(per 1,000 Live Births)	22.55	5.81	11.72	12.9
Early Neo-natal Mortality Rate(Deaths under 1wk)(per 1,000 Live Births)	15.03	5.81	9.96	11.1

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Narberth Narberth County of England &
R.D.1966 R.D.1965 Pembroke Wales

Peri-natal Mortality Rate (Deaths under 1 wk and Still Births combined)(per 1,000 Live and Still Births)	29.62	5.81	29.86	26.3
Maternal Mortality Rate (per 1,000 Live and Still Births)	Nil	Nil	Nil	0.26
Deaths	129	118		
Death Rate (per 1,000 pop)	13.16	11.97	11.72	11.7

INFANT MORTALITY.

There were three infant deaths during the year, one male and two females; details are as follows :-

<u>Age at death.</u>	<u>Birth Weight.</u>	<u>Cause of death.</u>
14 hours.	4lbs.2ozs.	Hydrocephalus.
5 days.	5lbs.7ozs.	Volvulus of small intestine.
1 week.	6lbs.12ozs.	Circulatory failure.

DEATHS.(General)

The general death rate has risen this year above both the county and national rates. There were 32 deaths from malignant disease, 6 of which were due to cancer of the lung and it is known that two of these were fairly heavy cigarette smokers. Twenty-eight of the total deaths were due to Heart disease.

Approximately 24% of the deaths occurred in persons aged between 70 and 80 years and 26.3% in persons aged over 80 years.

<u>Causes of Death.</u>	<u>Male.</u>	<u>Female.</u>
TOTAL (All causes)	74	55
Respiratory Tuberculosis	-	1
Malignant neoplasm, stomach	3	4
Malignant neoplasm, lung, bronchus	6	-
Malignant neoplasm, breast		3
Malignant neoplasm, uterus		2
Other malignant and lymphatic neoplasms	8	6
Leukaemia, Aleukaemia	-	1
Diabetes	2	1
Vascular lesions of nervous system	11	11
Coronary disease, angina	12	6
Hypertension with heart disease	1	-
Other heart disease	6	3
Other circulatory disease	3	3
Influenza	-	1
Pneumonia	2	1
Bronchitis	4	1
Other diseases of respiratory system	2	1
Gastritis, Enteritis and diarrhoea	2	1
Hyperplasia of prostate	1	
Congenital malformations	-	2
Other defined and ill-defined diseases	10	6
Motor vehicle accidents	1	-
All other accidents	2	1

TUBERCULOSIS.

One woman, aged 57 years, died of respiratory tuberculosis during the year and three new cases, all male, aged between 50 and 65 years, were notified to us, one of these latter being a transfer from another area.

Prevention of Tuberculosis.

B.C.G. Vaccination:

B.C.G. vaccination of contacts and school leavers (children 13 years and over) continues to be carried out at school and at the Clinic, when necessary. Dr. D.Ll. Davies also vaccinates contacts at his Chest Clinic.

During 1966, 51 school leavers were skin tested and 49 of these were vaccinated; 2 contacts were skin tested and both these required vaccination.

NOTIFICATION OF INFECTIOUS DISEASES.

Thirteen cases of Infectious Diseases were notified to us during the year, as follows :-

Measles	10
Respiratory			
Tuberculosis	...		3

MASS RADIOGRAPHY.

The Mobile Unit of the Mass Radiography Service visited the town of Narberth in November, when a number of the residents in the Rural District no doubt took advantage of this survey, although no separate figures are available. In June, the Unit visited Saundersfoot and carried out a general survey of the population - the attendance here was rather disappointing - a total of 81 persons only being examined. Details are as follows :-

	<u>Male.</u>	<u>Female.</u>
Total no. examined - 81.	31	50
No. found to be abnormal - 6. (7.41%)	3	3
No. requiring further observation - 2 (2.47%)	1	1
No. with other chest abnormalities - 4 (4.94%)	2	2

Analysis of Abnormalities of Chest - 4. (not requiring further observation)

Healed Primary Tuberculosis	-	1
Healed post-primary Tuberculosis	-	1
Pneumoconiosis: Stage 1	1	
Stage unknown	1	
	<u>2</u>	<u>2</u>

NATIONAL HEALTH SERVICE ACT 1946.

Local Health Services.

Vaccination against Smallpox and immunisation against Diphtheria, Whooping Cough and Tetanus continues to be carried out at the Clinic, School sessions and by local practitioners, who were paid by the County Council during the year for record cards received each quarter by your Medical Officer. The total records received during 1966 are as follows :-

Primary Vaccinations	153	Re-vaccinations	8
Diphtheria Immunisations	192	Re-inforcing doses	126
Whooping Cough Immunisations	184	Tetanus Immunisations	195

NATIONAL ASSISTANCE ACT 1948.

Section 47: Removal to suitable premises of persons in
need of care and attention.

No action was necessary under the above Section.

REPORT OF THE PUBLIC HEALTH INSPECTOR AND THE
ADDITIONAL PUBLIC HEALTH INSPECTOR
FOR THE YEAR 1966.

INSPECTION OF DWELLING HOUSES.

No. of
Re-visits.

Total number of dwelling houses inspected for housing defects under the Public Health & Housing Acts 19	16
No. of dwelling houses found not to be in all respects reasonably fit for human habitation 8	36
No. of dwelling houses where a certificate of disrepair was issued 1	-
No. of interviews with owners or contractors and inspection of work in progress 15	-
No. of visits in connection with filthy or verminous premises 2	4
No. of visits in connection with defective drainage and/or sanitary fittings 48	69

It was necessary to carry out 238 visits and 197 re-visits in connection with applications for the tenancy of Council houses.

HOUSING IMPROVEMENT GRANTS.

A visit was necessary in connection with an application for an Improvement Grant.

SHOPS, OFFICES AND RAILWAYS ACT 1960.

No. of
Re-visits.

No. of shops, cafes and snackbars visited: 11	3
No. of visits to slaughter house: 142	15

CARAVANNING AND CAMPING.

Caravanning and camping continue to be a very popular means of having a holiday in Pembrokeshire and each year the number of such holiday-makers increases. This has created many problems in the past but, fortunately, these are gradually being solved to the satisfaction of everyone.

ATMOSPHERIC POLLUTION.

Since the construction of the Power Station started in the Pembroke Rural District, it was considered necessary to set up monitoring stations in the district to estimate the degree of pollution and in this connection 114 visits were made during the year. It was also necessary to make three inspections and three further visits in connection with a Nuisance arising from smoke.

INFECTIOUS DISEASES.

Two enquiries and four further visits were necessary in connection with infectious disease.

SEWERAGE AND SEWAGE DISPOSAL WORKS.

During the year, a number of visits were made to the Public Convenience and to the Sewage Disposal Works.

MILK SUPPLIES.

Sampling of untreated milk, particularly from producer-retailers, was continued in an effort to detect Brucella abortus infection. 39 visits and a further 30 inspections were required in this connection.

A number of positive ring test results were reported but only one positive culture was obtained and in this case an Order was made under the Milk and Dairies Regulations 1959, restricting the sale of untreated milk.

WATER SUPPLIES.

The main water supply is sampled regularly by the Pembrokeshire Water Board. It is also necessary to sample private supplies as these are often used by holiday-makers. Twenty two samples were taken and a further five visits were made.
